



7. EUROPEAN RUHANIAT SUMMERSCHOOL

2009

Embracing Life as the Teacher

Unfolding Life's Purpose,
universal and unique

27. June – 4. July 2008

Proitzer Mühle near Uelzen

Special Guest Teacher this year:



Pir Shabda Khan (USA), Spiritual Director of the Sufi Ruhaniat International, direct disciple of Murshid Samuel L. Lewis: ***Awakening Not Based on Outer Conditions***, based on "201 Suras on Breath" by Murshid Samuel Lewis, in addition to advanced Walks, Wazifa, Sufi Sesshin.



Sheikha Tamam Khan (USA)
The Lives of the Holy Women at the Time of Prophet Muhammad
with poetry, meditation, spiritual practice, wazifa, zikr.



Murshid Saadi Shakur Chisti (Scotland):
Sitting Alive: The Sufi Way of Meditation
based on the papers Gita Dhyana of Murshid Samuel Lewis, who integrates both Sufi and Buddhist approaches to silence, with sound practice, zikr, walking meditation, wazifa.



Murshida Sophia Gita Onnen (Germany):
Mastering the Challenges of Life Creatively:
Soulwork after the teaching of Hazrat Pir Moineddin Jablonski and Murshid Samuel Lewis.



Khalifa Baraka von Kugelgen (Germany):
Sufi-Healing: Prevention and Self-Healing Forces – based on the commentaries of Murshid Samuel Lewis on the papers on „Everyday Life“ by Hazrat Inayat Khan, for deepening our metaphysical insight in the rhythm of healing and maintaining health.



Khalif Tansen Philip o'Donohoe (England):
Mental Purification
Exploration of this paper of Hazrat Inayat Khan with its commentaries by Murshid Samuel L. Lewis and Murshid Moineddin Jablonski. Including zikr, fikr, breathing practices, Muja-hida and meditation.



Wali und Arienne van der Zwan
(Belgien):
Life as Cultivator of the Heart
In this class we will work towards insight in and answers for these questions from both Murshid Samuel Lewis and Hazrat Inayat Khan through sayings from the Bowl of Saki and other texts and commentaries. Through movement (dance and walk), meditation and breath, we 'translate' all to our own every day experience.



Sheikha Alima Stoeckel (Germany):
Walking Meditation: Spiritual Practice for our Everyday Life.
Selected Walks of the centers, elements, planets, wazaif as well as Walks of the masters, healers and prophets.



Khalif Hauke Jelaluddin Sturm (Germany):
The Harmony of Life: Music as a Mirror for Relationships and Daily Life – based on the essays of Murshid Samuel Lewis on "Music and Cosmic Evolution" and selections from Hazrat I. Khan's "Mysticism of Music, Sound and Word."



Go to www.ruhaniateurope.org for a complete description of all classes offered this year.

7. European Ruhaniat Sommerschool 2009:

Embracing Life as the Teacher

Life's Circumstances as an Opportunity
for Transformation

We recognize that an awakened being is one whose inner condition is no longer based on circumstance. In other words, no circumstance could arise that would take them out of their awakening. With this understanding, we can now see that life is the teacher, bringing to us those circumstances which upset our inner state, though which we need to transform to fulfill our purpose of awakening. We no longer experience these as difficulties, but as opportunities brought by our Teacher (Life) to help us transform that part of ourselves which is still reactive, not at peace and ease.

Every year the Ruhaniat Summer School offers participants the opportunity to experience the broad range of teachings of Hazrat Inayat Khan, Hazrat Samuel L. Lewis and Hazrat Moineddin Jablonski. At the same time, we deepen in and renew these teachings, finding in them fertile ground for wisdom for the needs of our time."

"Life is action, action in any direction. Vibrations are like waves that rise and fall. The wave travels in a definite direction as toward a goal and yet in its movement rises and falls to crest and trough. So man rises and falls, has apparent successes and failures, but all the time may be moving toward his true destination without even knowing it. It is only the one who does not move who does not arrive."

Samuel L. Lewis



We will transmit the living tradition of Sufism through the Dances of Universal Peace, Walking Meditations, Zikr (remembrance), Wazifa, Prayer, Song, Soulwork and spiritual psychology, healing, art, Sufi poetry and stories, meditation and silence – We will also again have a silent, guided retreat day.

Our summer school is dedicated to the service of peace and for the benefit of all living beings.

Murshid Samuel L. Lewis (1896–1971) was a mystic schooled in both Zen and Sufism, recognized as a teacher in both traditions, who felt that spirituality should be a matter of living experience, not division and conflict.

His spiritual successor, Moineddin Jablonski (1942–2001) believed that spirituality was not fully realized until fully embodied, with all elements of the personality – light and dark – included in a life of joy and compassion.

Both lived and taught in the tradition of Hazrat Inayat Khan (1882–1927), who brought a tradition of universal Sufism to the west. On this path we recognize equally all the different spiritual traditions of the world and honor them as an expression of the Holy.

Come and join us for song, dance, music and meditation with brothers and sisters from many lands as we celebrate the ages-old heritage of the path of love, harmony and beauty as it applies to life today.



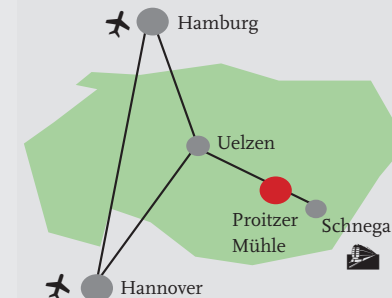
*Everyday life is the proving ground
of spiritual experience.*

Moineddin Jablonski

Location: Proitzter Mühle in North Germany, in the hills of the nature reserve park of the Elba river, surrounded by forests, meadows and lakes. Proitzter Mühle is an old watermill, whose history goes back to the 14th century. The buildings are on a 10 hectare grounds and have been remodeled to a high standard, with a large, wooden sprung-floor dance space on that can dance 200 people.

There are many possibilities for hiking, bicycling or horseback-riding (you could even bring your own horse!) The next small village, Schnega, is about 4 km away, near Uelzen in north-Germany. The nearest airports are Hamburg and Hanover (with train-connections).

Full transport details will be sent upon registration, and there will be help for non-German speakers.



For more information on the site, see www.proitzter-muehle.de

Director: Murshida Sophia Gita Onnen
Manager: Edmund Aziz Dixon
Organisational director: Qadima Sabine Brandt

Info and registration: Qadima Sabine Brandt, Umlandstr. 60, 13156 Berlin, Germany
Tel.: +49-(0)30-470 36 783 Email: ruhaniat09@email.de
Online registration at: www.ruhaniateurope.org

All registrations must be accompanied by a paid deposit. Limited scholarships and reductions are available. Please inquire early.